

The following advice and guidance is designed to help parents in taking the correct course of action in a variety of situations. If you have any concerns or questions, please contact the college through the contact us page of the website or by calling reception on 01208 72114

Symptoms

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

STAFF OR STUDENT SUSPECTED OF COVID-19 3

SYMPTOMS

- A new continuous cough
- A fever
- Loss or change in taste or smell?

ISOLATE and TEST
Call 119 or use NHS online portal

IF A SUSPECTED CASE IS IDENTIFIED IN BODMIN COLLEGE REPORT IMMEDIATELY TO: DUTY SLT

Category and Contents:

1. What to do if your child or a member of your household develops symptoms of COVID19
2. What to do if your child receives a positive test result
3. What to do if your child is identified as a close contact or a household member tests positive
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1) What to do if your child or a member of your household develops symptoms of COVID 19

If your child or a household member develops symptoms of COVID-19, you must:

- **Isolate at home** for at least **10 days** from the date when their symptoms appeared.
- **Inform the attendance office** on **01208 72114 option 2 (for 6th form option 3)**
- Arrange to be **tested** via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119.
- If fit and well, your child should access their **learning remotely** through Satchel One.
- **If the test result is negative** please inform attendance and your child can return to college
- **If the test result is positive** please inform attendance immediately – **see section 2**

All other household members who remain well, must also stay at home and not leave the house for 14 days. This includes anyone in your 'Support Bubble'.

Further information is available at: <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

The 14-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home.

If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community
If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

For anyone with symptoms, you can seek advice from the nhs.uk website at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/>. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <https://111.nhs.uk/> or by phoning 111.

2) What to do if your child receives a confirmed positive test result for COVID 19

You must **inform us immediately** if you receive confirmation of a positive test result. You should do this by:

- Calling the attendance office on **01208 72114 option 2 (for 6th form option 3)**
- OR if **outside of school hours**, text 07826 637936

You will be asked to help us in the track and trace process and will be asked to give the names of anyone who has been in close contact in the 48 hours prior to symptoms starting.

A close contact is:

- Anyone who has been within 1m for any length of time
- Anyone who has been within 2m for 15 minutes or more

The confirmed positive case **must isolate for 10 days** or as advised by the NHS. If fit and well, your child should access their **learning remotely** through Satchel One. They may return to school at the end of the 10 days providing they no longer have a high temperature or fever.

All other members of the household must isolate for 14 days. If they develop symptoms they should also arrange a test. Further information is available at:

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

3) What to do if your child has been identified as a close contact or a household member tests positive (For 6th Form students this includes NHS App notification)

Cases are considered infectious 48 hours prior to symptoms starting so a close contact is anyone who has been:

- within 1m for any length of time in the 48 hours prior to symptoms
- within 2m for 15 minutes or more in the 48 hours prior to symptoms

If your child is identified as a close contact to someone who has received a confirmed positive test for COVID19 they **must stay at home and self-isolate for 14 days** and should access their **learning remotely** through Satchel One.

Inform the attendance office on **01208 72114 option 2 (for 6th form option 3)**

If your child is well at the end of the 14 days period of self-isolation, then they can return to usual activities.

If your child or any members of your household **develops symptoms** you must arrange to be **tested** via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119 and again please **inform the attendance office** on **01208 72114 option 2 (for 6th form option 3)** Other members of your household can continue normal activities provided your child does not develop symptoms within the 14 day self-isolation period.

For further information:

<https://www.gov.uk/government/publications/guidance-for-contacts-of-people-with-possible-or-confirmed-coronavirus-covid-19-infection-who-do-not-live-with-the-person>

4) General Information:

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further Information

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>