

# HOMEWORK BOOKLET

## YEAR 10



**BODMIN**  
COLLEGE

Name: \_\_\_\_\_



Homework Book 4

# HOMWORK EXPECTATIONS

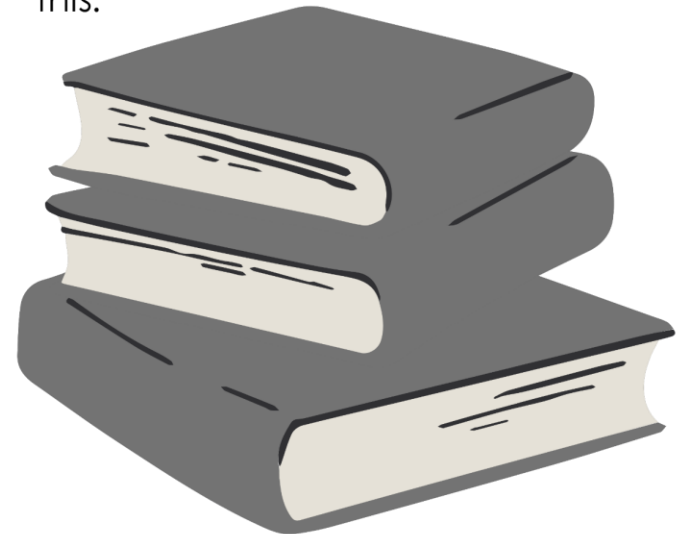
Homework is an essential part of the learning process. It reinforces what you've learned in class, helps you develop good study habits, and teaches you to work independently. Valuing homework and creating a positive homework culture is essential for academic success. By following a schedule, staying organised, seeking help if needed, and maintaining a positive attitude, you can make homework a productive and rewarding part of your education.

On the next page is a homework schedule which outlines which subjects you will self-quizzing on each night and how much time you should spend on this. We are trialling this schedule for Learning Cycle 1, and will be taking feedback from students to inform Learning Cycle 2. This is a two week timetable for Weeks A and B. You can expect the key knowledge each week to be assessed during your Do Now activities the following week. Advice about self-quizzing can be found after your schedule.

We also recognise the importance of having time to spend with friends and family, and for pursuing your own hobbies and interests, which is why we have deliberately kept Fridays lighter.

## YEAR 10

- We expect you to spend 1 hour on English, Maths and Science and 30 minutes on your Options subjects.
- In addition, your teacher may set you further tasks to complete at home as you prepare for GCSE, but not exceeding the time allocated for each subject.
- For Sparx Maths, this will always be set on a Tuesday and you should spend an hour on this homework. You will need to login to Sparx Maths to access this.



# YEAR 10

## HOMework SCHEDULE

Between 30 and  
90 minutes per  
night = 5 hours per  
week

Week A	60 minutes	30 minutes
Monday	English	Option W
Tuesday	Sparx Maths	Option X
Wednesday		Option Y
Thursday	Science	Option Z
Friday		



**Sparx Maths**

Week B	60 minutes	30 minutes
Monday	English	Option W
Tuesday	Sparx Maths	Option X
Wednesday		Option Y
Thursday	Science	Option Z
Friday		

# LONG-TERM MEMORY

Your memory is split into two parts:

1 the working memory

the long-term memory 2

Everybody's working-memory is limited, and can therefore become easily overwhelmed. Your long-term memory, on the other hand, is effectively limitless.

You can support your working memory by storing key facts and processes in long-term memory. These facts and processes can then be **retrieved**, to stop your working memory becoming overloaded.

Knowledge Organisers (KOs) are a key way to help you learn. Each KO has the key information that needs to be memorised to help you master your subject and be successful in lessons.

There is strong scientific evidence from cognitive psychology that shows the benefits of **self-quizzing** in promoting **retrieval strength**. This is your ability to recall facts related to your subject or topic.

## SELF-QUIZ

There are lots of different ways to learn the material in your knowledge organiser. Use the QR codes to find out more.

1. Make **flashcards** based on the knowledge organiser and ask someone to quiz you.
2. Create a **revision clock**. Draw a clock and add the topic in the middle. Break the clock face into 10-minute sections. Add notes from the knowledge organiser in each section. Cover the clock face and recite the information aloud.
3. **Look - Cover - Write - Check**. Cover up one section of the knowledge organiser and try to write out as much information as you can from memory.
4. Draw a **mind map**, jotting down everything that you can remember from the knowledge organiser.
5. Make up **mnemonics** to help you remember key facts, then write these out from memory.



FLASHCARDS



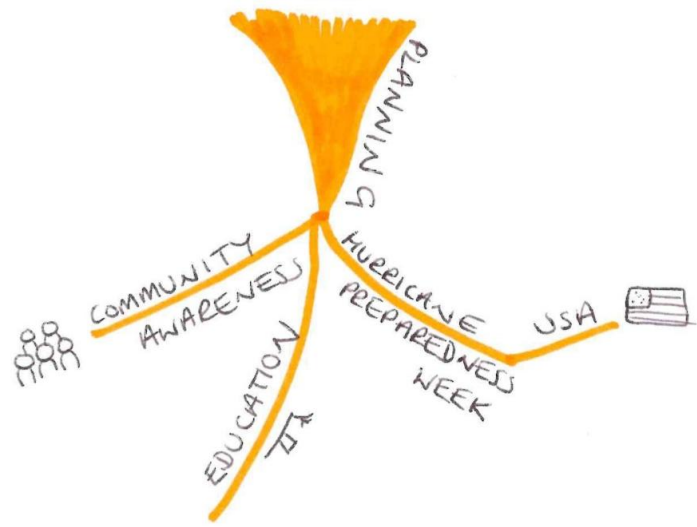
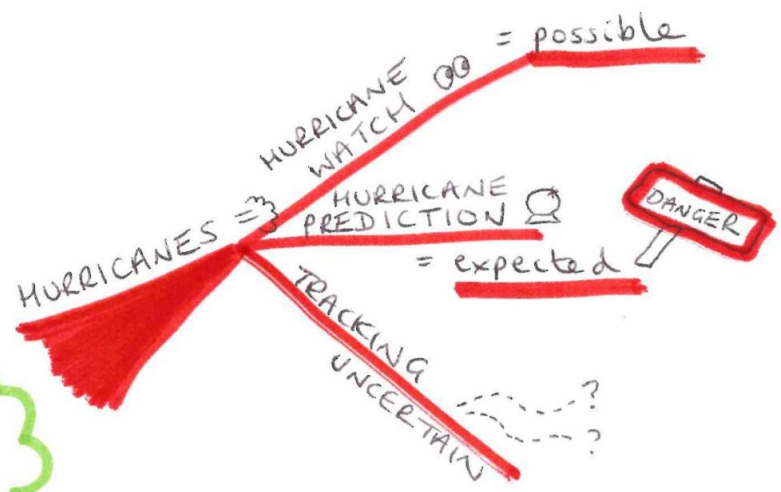
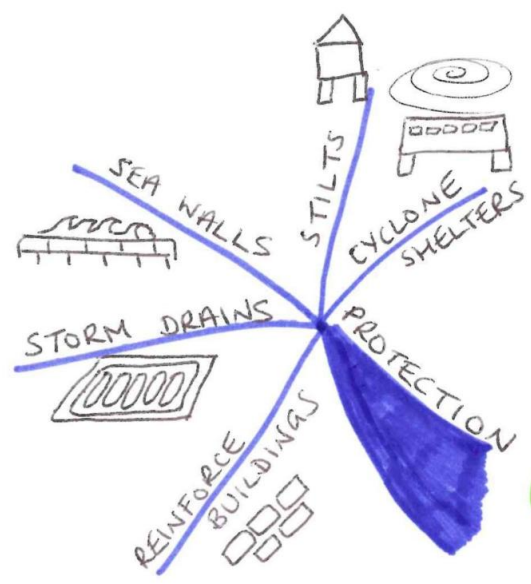
L-C-W-C

MIND MAPS



# Mind-map Example

Geography - Week 10



**This is a good mind-map because:**

- ✓ Main topic in the centre
- ✓ Key ideas are organised in separate branches
- ✓ Each branch is a different colour to support visual memory
- ✓ Key words only, not full sentences or large chunks of text
- ✓ Use of images to support recall

# Contents

English	Page 7
Science	Page 13
Option W	Page 19
Option X	Page 25
Option Y	Page 31
Option Z	Page 37

# My Options

Option W \_\_\_\_\_

Option X \_\_\_\_\_

Option Y \_\_\_\_\_

Option Z \_\_\_\_\_

W	X	Y	Z
Art	Business Studies	Construction	Art
Construction	Catering	Hair and Beauty	Animal Care
Hair and Beauty	Dance	Business Studies	Construction
Computer Science	Drama	Geography	French
Catering	French	Graphics	Geography x 2
Geography	Geography x 2	History	History x 2
History	Graphics	Health and Social Care	Health and Social Care
Media	History	Digital IT	Triple Science
Photography	Photography	Media Studies	Sport Studies
Triple Science	Triple Science	Photography	
Sport Studies		Spanish	

# Learning Cycle 2 Dates

<b>Learning Cycle 2</b>	Week 1	A	w/c Mon 23 <sup>rd</sup> February
	Week 2	B	w/c Mon 2 <sup>nd</sup> March
	Week 3	A	w/c Mon 9 <sup>th</sup> March
<b>Y10 PPE Fortnight</b>	Week 4	B	w/c Mon 16 <sup>th</sup> March
	Week 5	A	w/c Mon 23 <sup>rd</sup> March
<b>Learning Cycle 2</b>	Week 6	B	w/c Mon 30 <sup>th</sup> March
<b>EASTER – NEW HOMEWORK BOOK ISSUED</b>			
<b>Learning Cycle 2</b>	Week 7	A	w/c Mon 20 <sup>th</sup> April
	Week 8	B	w/c Mon 27 <sup>th</sup> April
	Week 9	A	w/c Tues 5 <sup>th</sup> May
	Week 10	B	w/c Mon 11 <sup>th</sup> May
	Week 11	A	w/c Mon 18 <sup>th</sup> May
<b>MAY HALF TERM – NEW HOMEWORK BOOK ISSUED</b>			
<b>Learning Cycle 2</b>	Week 12	B	w/c Mon 1 <sup>st</sup> June
	Week 13	A	w/c Mon 8 <sup>th</sup> June
	Week 14	B	w/c Mon 15 <sup>th</sup> June
	Week 15	A	w/c Mon 22 <sup>nd</sup> June
	Week 16	B	w/c Mon 29 <sup>th</sup> June
	Week 17	A	w/c Mon 6 <sup>th</sup> July
	Week 18	B	w/c Mon 13 <sup>th</sup> July
	<b>WEX</b>	Week 19	A







































































