

# HOMEWORK BOOKLET

## YEAR 9



**BODMIN**  
COLLEGE

Name: \_\_\_\_\_



Homework Book 4

# HOMWORK EXPECTATIONS

Homework is an essential part of the learning process. It reinforces what you've learned in class, helps you develop good study habits, and teaches you to work independently. Valuing homework and creating a positive homework culture is essential for academic success. By following a schedule, staying organised, seeking help if needed, and maintaining a positive attitude, you can make homework a productive and rewarding part of your education.

On the next page is a homework schedule which outlines which subjects you will self-quizzing on each night and how much time you should spend on this. We are trialling this schedule for Learning Cycle 1, and will be taking feedback from students to inform Learning Cycle 2. This is a two week timetable for Weeks A and B. You can expect the key knowledge each week to be assessed during your Do Now activities the following week. Advice about self-quizzing can be found after your schedule.

We also recognise the importance of having time to spend with friends and family, and for pursuing your own hobbies and interests, which is why we have deliberately kept Fridays lighter.

## YEAR 9

- We expect you to spend 1 hour on English and Maths, 30 mins on Science and 15 minutes on other subjects.
- For Sparx Maths, this will always be set on a Tuesday and you should spend an hour on this homework. You will need to login to Sparx Maths to access this.



# YEAR 9

## HOMework SCHEDULE

Between 40 and  
60 minutes per  
night = 4 hours 40  
minutes per week

| Week A    | 60 minutes  | 20 minutes        | 20 minutes | 20 minutes |
|-----------|-------------|-------------------|------------|------------|
| Monday    |             | Science           |            | Music      |
| Tuesday   | Sparx Maths |                   |            |            |
| Wednesday |             | History           | Languages  | Art        |
| Thursday  | English     |                   |            |            |
| Friday    |             | Food / Technology | Geography  |            |



**Sparx Maths**

| Week B    | 60 minutes  | 20 minutes       | 20 minutes | 20 minutes |
|-----------|-------------|------------------|------------|------------|
| Monday    |             | Science          |            | RE         |
| Tuesday   | Sparx Maths |                  |            |            |
| Wednesday |             | History          | Languages  | PE         |
| Thursday  | English     |                  |            |            |
| Friday    |             | Computer Science | Geography  |            |

# LONG-TERM MEMORY

Your memory is split into two parts:

1 the working memory

the long-term memory 2

Everybody's working-memory is limited, and can therefore become easily overwhelmed. Your long-term memory, on the other hand, is effectively limitless.

You can support your working memory by storing key facts and processes in long-term memory. These facts and processes can then be **retrieved**, to stop your working memory becoming overloaded.

Knowledge Organisers (KOs) are a key way to help you learn. Each KO has the key information that needs to be memorised to help you master your subject and be successful in lessons.

There is strong scientific evidence from cognitive psychology that shows the benefits of **self-quizzing** in promoting **retrieval strength**. This is your ability to recall facts related to your subject or topic.

## SELF-QUIZ

There are lots of different ways to learn the material in your knowledge organiser. Use the QR codes to find out more.

1. Make **flashcards** based on the knowledge organiser and ask someone to quiz you.
2. Create a **revision clock**. Draw a clock and add the topic in the middle. Break the clock face into 10-minute sections. Add notes from the knowledge organiser in each section. Cover the clock face and recite the information aloud.
3. **Look - Cover - Write - Check**. Cover up one section of the knowledge organiser and try to write out as much information as you can from memory.
4. Draw a **mind map**, jotting down everything that you can remember from the knowledge organiser.
5. Make up **mnemonics** to help you remember key facts, then write these out from memory.



FLASHCARDS



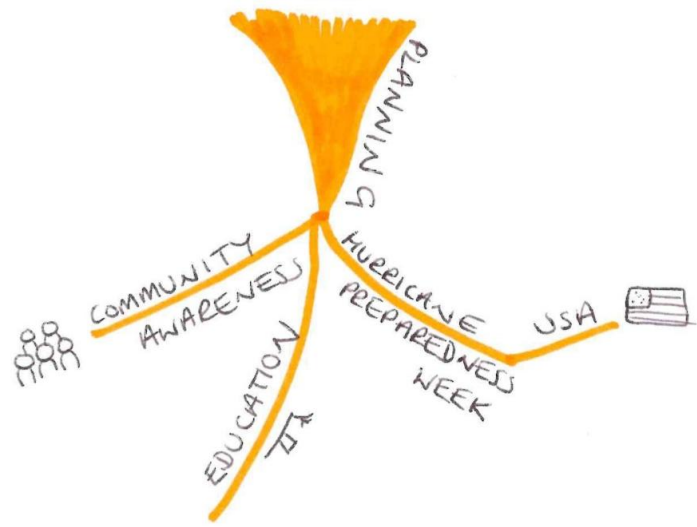
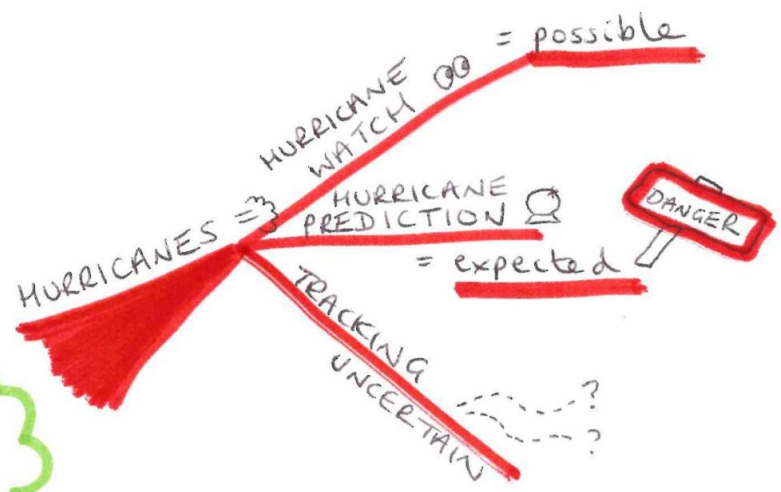
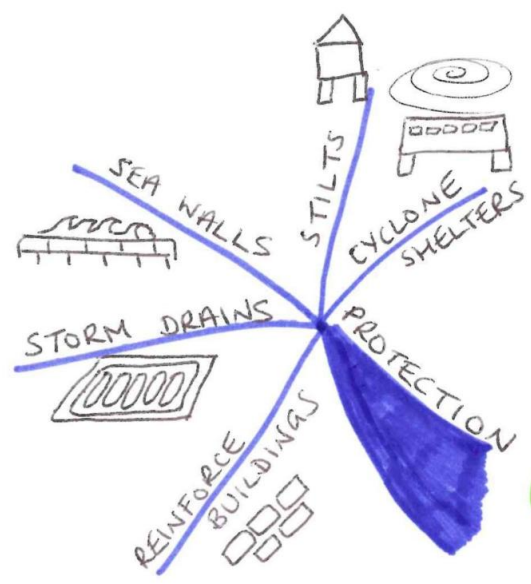
L-C-W-C

MIND MAPS



# Mind-map Example

Geography - Week 10



**This is a good mind-map because:**

- ✓ Main topic in the centre
- ✓ Key ideas are organised in separate branches
- ✓ Each branch is a different colour to support visual memory
- ✓ Key words only, not full sentences or large chunks of text
- ✓ Use of images to support recall

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# Learning Cycle 2 Dates

|                                |   |   |  |
|--------------------------------|---|---|--|
| <b>Learning Cycle 2</b>        | Week 1  | A | w/c Mon 23 <sup>rd</sup> February      |
|                                | Week 2  | B | w/c Mon 2 <sup>nd</sup> March          |
|                                | Week 3  | A | w/c Mon 9 <sup>th</sup> March          |
|                                | Week 4  | B | w/c Mon 16 <sup>th</sup> March         |
|                                | Week 5  | A | w/c Mon 23 <sup>rd</sup> March         |
|                                | Week 6  | B | w/c Mon 30 <sup>th</sup> March         |
|                                | <b>EASTER – NEW HOMEWORK BOOK ISSUED</b>        |   |  |
|                                | Week 7  | A | w/c Mon 20 <sup>th</sup> April         |
|                                | Week 8  | B | w/c Mon 27 <sup>th</sup> April         |
|                                | Week 9  | A | w/c Tues 5 <sup>th</sup> May           |
|                                | Week 10   | B | w/c Mon 11 <sup>th</sup> May           |
|                                | Week 11   | A | w/c Mon 18 <sup>th</sup> May           |
|                                | <b>MAY HALF TERM – NEW HOMEWORK BOOK ISSUED</b> |   |  |
|                                | Week 12   | B | w/c Mon 1 <sup>st</sup> June           |
| <b>Y9 Assessment Fortnight</b> | Week 13   | A | w/c Mon 8 <sup>th</sup> June           |
|                                | Week 14   | B | w/c Mon 15 <sup>th</sup> June          |
| <b>Learning Cycle 2</b>        | Week 15   | A | w/c Mon 22 <sup>nd</sup> June          |
|                                | Week 16   | B | w/c Mon 29 <sup>th</sup> June          |
|                                | Week 17   | A | w/c Mon 6 <sup>th</sup> July           |
|                                | Week 18   | B | w/c Mon 13 <sup>th</sup> July          |
| <b>B&amp;B</b>                 | Week 19   | A | w/c Mon 20 <sup>th</sup> July – NO HWK |

































































