



BODMIN
COLLEGE
SIXTH
FORM

Course Overview

Sport

Pearson Level 2 BTEC First Diploma in Sport

If you're passionate about sport and fitness and want to become a sports coach, PE teacher or fitness instructor, this course is your first step into the industry.

You'll combine practical activity with classroom learning, spending plenty of time developing your skills in real sport and fitness settings. There are no exams – assessment is through practical work and a portfolio.

You'll study key areas including performance skills and tactics, nutrition, leadership and coaching, while creating and following your own personal fitness plan. As a Level 2 diploma, the course introduces both how the body works and how to plan and deliver effective sport and fitness sessions.

You'll be supported by experienced staff with strong industry knowledge, helping you start your career with confidence.

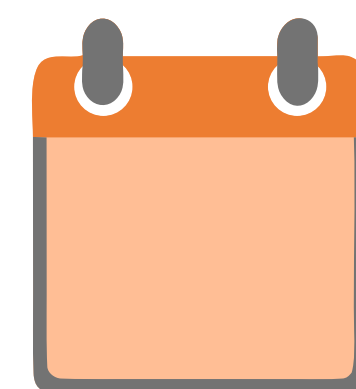
Assessment

- Both internal assignments and external assessment, plus work-based assessments.



Course Structure

- One year, full time. Initially full-time at Bodmin College, building to a mix of time at Bodmin College and time on a work placement.



Entry Requirements

- GCSEs at grade 4 or above in English and Maths, or be committed to achieving these while in Sixth Form.



Progression and Future Opportunities

- By the end of the course, you'll be ready to progress to Level 3 qualifications in Sport, paving the way for a career in the sport, health and fitness industry.

