

Dream Big



Paulo Coelho

"And, when you want something, all the universe conspires in helping you to achieve it."



What are aspirations?

- An aspiration is a strong hope, dream, or goal.
- People can have social aspirations, career aspirations, and personal aspirations.
- Most people have dreams or aspirations they wish to achieve

Don't beat yourself up...keep busy and they will come to you, it can take time to know what you want.

Start with what you enjoy – favourite subjects, talents and skills

Try a range of activities, opportunities and interests – this can spark an interest and give you confidence

Keep thinking you want to find your aspirations and that you will find them. When you do your ideas will sooner or later happen. This is inevitable. It can happen when you least expect it or not, but rest assure that it will.

Seek help – maybe you need some support & help to focus & work it through

It's all good.



Help I don't have any aspirations



Why are they important?

- They give you motivation, drive and energy to help achieve them and often improve your educational outcomes
- > They give you direction, focus and a purpose
- > They make you try harder to improve yourself or your circumstances
- > They shape your life choices and help you build a future, give you a sense of control and hope
- > They are an expression of your potential and give a voice to your talents

Some examples may be:

- Fame
- Education
- Talent
- Meaning
- A career direction or promotion
- Business success
- ► Family
- Nature
- Money





How to achieve your aspirations

Inspired...

- Make them personal you have to own and have responsibility for them, they have to be your dreams not someone else's
- Widen your experiences seek out opportunities and do them, they can help you find your aspirations and make them happen
- Failure learn to use it
- Chose your friends carefully they will influence your life chances more than you know!
- Write your goals down or have a visual display you see every day
- Work hard anything worth having takes effort
- Confidence and self belief



SUCCESS

HARD WORK PERSISTENCE LATE NIGHTS REJECTIONS SACRIFICES DISCIPLINE CRITICISM DOUBTS FAILURE RISKS





It is our choices that show what we truly are. far more than our abilities. - Albus Dumbledore

Our aspirations are our possibilities. ROBERT BROWNING

> SURROUND YOURSEL WITH PEOPLE W ASPIRATIONS INSPIRE YOU AND THEIR GUTS **ENCOURAGE YOU**

SHORTCUT2SUCCESS.COM

To understand the heart and mind of a person, look not at what he has already achieved, but at what he aspires to.

THE BIGGEST ADVENTURE

YOU CAN TAKE

IS TO LIVE THE LIFE

OF YOUR DREAMS.

-OPRAH WINFREY

KHALIL GIBRAN



66 Always stay true to vourself and never let what somebody else says distract you from your goals."

"SUCCESS ISN'T OVERNIGHT. IT'S WHEN EVERYDAY YOU GET A LITTLE **BETTER THAN THE** DAY BEFORE. IT ALL ADDS UP."

- Dwayne Johnson

MOTIVATIONGRID.COM

our responsibilities.



THE PERFECT DAY

GOING TO BED

WAKING_UP WITH A

WITH A DREAM,

PURPOSE.

Our aspirations are

Who can help in school?

Aspirations Coordinator – Ms Devine

My job to signpost opportunities and widen experiences so you can consider possibilities and options you may not be aware of.

- Careers teacher to help you to think about career choices and qualifications required Ms Thomas TS@bodmincollege.co.uk
- Your HOY
- Tutor and support staff discuss your personal qualities, academic achievements and support you when you face set backs
- Subject teacher share their passion for their subject and support you in class to be the best you can be
- Friends & Family-these are a key influencer they can encourage or hold you back – be careful to chose friends carefully that will enable you to make choices that are right for you. Make sure your aspirations are personal not someone else's and don't let others try to put you off!





William Hamley Academy (KS3)



https://www.facebook.com/groups/381128743018375

- Termly enrichment session led by college staff and guest speakers from professional or academic background targeted opportunities
- Extra curricular clubs, activities and trips
- Alumni (Former Bodmin college students)visits & talks to share their story, encourage and answer your questions
- Opportunities for confidence and self esteem building activities
- Closed Facebook group for parents search William Hamley Academy and ask to join

Did you know Hamley's toy shop was founded by a Bodmin man who dreamt of opening the biggest toy shop!



Emerging William Clift Academy (KS4)

- Offers students in Year 10 & 11 opportunities and outreach with universities, such as Exeter scholars, residential and summer schools – Cambridge, UCL, Imperial, Bournemouth etc.
- Signposts students to relevant opportunities e.g. STEM or medical, apprenticeships, industry links and support from other professional bodies



Identifies students interests in Accessing Professions groups currently running in the 6th form through the WHA to support and signpost to staff for mentoring and alumni talks (medical, teaching, ICT, sciences, engineering, journalism & media, arts and humanities, business & finance, performing arts, visual arts, social sciences, architecture, sport, Oxbridge, veterinary & dentistry)

Revision and exam skills support and preparation

Closed Facebook group – search **Emerging William Clift Academy** and ask to join!



Did you know William Clift was a Bodmin born illustrator & curator who achieved recognition as a fellow for the Royal Society

Communication and how to get in touch?

- Emerging William Clift Academy & William Hamley Academy FB group – parents and students can sign up and get posts of opportunities available, these could be trips, speakers, summer schools, residentials, work experience, apprenticeship info, tuition,
- PLEASE! Check your college email regularly this is the easiest way for us to contact you and tell you about opportunities and activities that you may want to get involved in and sometimes these can be short notice!
- MS Devine's office is inside the main door to Harleigh on the left, if you want an appointment or have a question then email <u>dr@bodmincollege.co.uk</u>





Remember.....



