

Subject	PSHE
Year Group	9
Module/Unit/Topic	Relationships- Relationships and Me
Number of Lessons	12 (6 weeks x 2 sessions)

Key Objectives	<ul style="list-style-type: none"> • Identify similarities and differences between friendships and romantic relationships • Understand why some people may want a sexual relationship and why others might not • Understand what a healthy adult relationship should look like and how to keep future you safe • Identify pressures around intimate relationships • Recognise that 2/3 of young people under 18 are not sexually active • Understand what an STI is • List purposes of using protection in an intimate relationship • Define the term contraception • Define the term consent • Understand what consent looks like in a romantic relationship
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No.	Lesson Topic	Prior learning
1	Why do people have sex?	
2	How might someone know they were ready for sex?	
3	Different types of contraception	
4	Why do we use contraception?	
5	What do we need to know about STIs?	
6	Recap and review on sexual relationships including consent	