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| Subject | PSHE |
| Year Group | 8 |
| Module/Unit/Topic | Relationships- Relationships and Me |
| Number of Lessons | 3 |

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| Key Objectives | <ul style="list-style-type: none"> • Understand what a healthy relationship might look and feel like • Understand what is meant by a romantic relationship • Identify characteristics of healthy friendships and healthy relationships • Identify different types of relationship • Define consent • Identify how we can be influenced by relationships • List ways to manage online relationships safely • Understand where to get help relating to relationships • Explain the benefits and challenges of using social media. • Explain the risks and benefits of meeting people online and how those relationships differ to those established offline. • Explain how to minimise and respond to risks online. • Identify safe and unsafe online relationship behaviours |
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| No. | Lesson Topic | Prior learning |
|-----|-----------------------------|----------------|
| 1 | Romantic Relationships | |
| 2 | Consent | |
| 3 | Online Relationships/Safety | |