Subject	PSHE	
Year Group	7	
Module/Unit/Topic	Relationships- Building Relationships	
Number of Lessons	3	

Key Objectives

- Understand why relationships contribute to human happiness
- Identify characteristics of a healthy friendship
- Identify different types of relationship
- Understand the importance of relationships
- Define loneliness
- Explain how relationships help us feel less lonely
- Understand what is meant by the term consent
- Understand how to assert yourself positively
- Understand boundaries and understand that boundaries are individual
- Understand what is meant by a digital footprint
- Understand why someone might share an image of themselves
- Understand the laws around sending images and sharing images online

No.	Lesson Topic	Prior learning
1	Relationships and Human Happiness	Healthy Friendships in Autumn 1
2	Importance of Boundaries	Healthy Friendships in Autumn 1
3	Online Boundaries	