

<b>Subject</b>	PSHE
<b>Year Group</b>	10
<b>Module/Unit/Topic</b>	Relationships- Healthy Relationships
<b>Number of Lessons</b>	12 (6 weeks x 2 sessions)

<b>Key Objectives</b>	<ul style="list-style-type: none"> <li>• Identify similarities and differences between friendships and romantic relationships</li> <li>• Identify key features of a healthy relationship</li> <li>• List characteristics of a healthy relationship and an unhealthy relationship</li> <li>• Understand how substances, like alcohol and drugs, can affect behaviour in relationships</li> <li>• Understand the impact that substance use, like alcohol and drugs, have on consent</li> <li>• Identify examples of 'risky' behaviour and analyse the potential impact of risky behaviours</li> <li>• Identify how different types of contraception are used and with what purpose</li> <li>• Understand where to access support including emergency contraception</li> <li>• Consider advice you would give to someone thinking about having sex for the first time</li> <li>• Understand why some people watch pornography</li> <li>• Understand the law around viewing pornography</li> <li>• Understand ways in which pornography might not be reflective of sex in real life</li> <li>• Identify ways in which watching pornography may affect our own relationships (sexual or otherwise)</li> <li>• Define the term revenge porn and understand the impact revenge porn has on someone's life</li> </ul>
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No.	Lesson Topic	Prior learning
1	What does a healthy intimate relationship feel like?	
2	What do we mean by "risky" relationships?	
3	What do we need to remember about contraception?	
4	Why do people watch porn?	
5	Real life sex vs. sex onscreen	
6	Revenge Porn	