

January 2024

## PSHE Focus for Spring One: Relationships

### Year 7: Building Relationships

*(Human Happiness, Boundaries, Online Boundaries)*

### Year 8: Relationships and Me

*(Romantic Relationships, Consent, Online Relationships/Safety)*

### Year 9: Relationships and Me

*(Reasons for Sexual Relationships, Contraception, STIs, Consent)*

### Year 10: Healthy Relationships

*(Healthy Intimate Relationships, Risk, Contraception, Online Sex)*

### Year 11: Preparing for Adulthood

*(Protected Characteristics, STIs, Abortion, Self Checking)*



#### Pride Group

Every Wednesday  
Break 1 in E3

### National Awareness Days

[8<sup>th</sup>-14<sup>th</sup> Jan – National Obesity Awareness Week](#)

[15<sup>th</sup> Jan - Brew Monday](#)

[February - LGBT History Month](#)

[1<sup>st</sup> Feb - Time to Talk Day](#)

[5<sup>th</sup>- 11<sup>th</sup> Feb - Children's Mental Health Week](#)

[5<sup>th</sup>- 11<sup>th</sup> Feb - National Apprenticeship Week](#)

[6<sup>th</sup> Feb - International Day of Zero Tolerance to FGM](#)

[7<sup>th</sup> Feb - Safer Internet Day](#)

[17<sup>th</sup> Feb - Random Acts of Kindness Day](#)

Click each to find out more



### Israel- Gaza Conflict

Students may have a number of questions about the situation in Gaza. It is important to remind students to be careful with what they are watching online about any situation, particularly a war zone. One suggestion for students is to use **BBC Newsround**; it is specifically designed for young people to help them make sense of the world in an age sensitive way.

### What are Protected Characteristics?

Click [here](#) to find out more.

### This Half Term's Reading

#### Discover, Discuss and Decide

**Year 7 & 8:** Gender Equality, Talent and Loneliness

**Year 9 & 10:** Happiness, Gender Equality and Loneliness

#### Tutor Reading Programme

**Year 7:** Private Peaceful (Michael Morpurgo) or Once (Morris Gleitzman)

*Themes of war, death, injustice, relationships, friendship, family, equality and anti-Semitism.*

**Year 8:** When The Sky Falls (John Boyne)

*Themes of friendship, morality, war, loss, death and anger management.*

