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adventurous



THE DUKE OF EDINBURGH'S AWARD

**GOLD
AWARD**

Entry Requirements:

There will be an initial enrolment fee for Gold D of E followed by instalments throughout the year. Students will need to commit to all training sessions in and out of school. Students will also be encouraged to maintain active and healthy lifestyles in preparation for their Expedition Section!

Is this for me?

The Duke of Edinburgh's Award is an internationally recognised award that is highly valued by employers and universities. It is achievable by everyone and can be tailored to individual needs and strengths. It's all about setting personal challenges and pushing personal boundaries. It is a chance to gain essential skills including resilience, problem-solving, team-work and communication.

What will I do?

The Gold Award requires you to complete five sections over a period of 12-18 months: Volunteering, Skills, Physical, Expedition and Residential.

- ◆ Volunteering, Skills and Physical all require each student to complete an average of an hour a week on each chosen activity.
- ◆ The Residential section requires you to spend 5 days/4 nights away from home undertaking an activity with an organisation away from school.
- ◆ The Expedition section takes students on self-sufficient hiking adventures. It includes a 4-day Practice Expedition, regular expedition skills training, a navigation training weekend and a 4 Day Qualifying Expedition.

The award is a challenge whilst also being hugely enjoyable and rewarding! Sessions will be held in the classroom, in local countryside areas and on the moors.



For more information please contact:
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